



EAT LOCAL WITH A FARM SHARE FROM ECO CITY FARMS

GET A WEEKLY BAG OF FRESH PRODUCE THROUGHOUT THE SUMMER!

Beginning June 1, ECO City Farms will be offering weekly farm shares of locally grown summer vegetables, such as tomatoes, herbs, eggplant and carrots to Prince George's County residents. Each week will contain a different mix of produce, depending on what is in season. The taste and freshness of locally grown, fresh picked produce can't be beat.

Produce is sustainably grown either by ECO City Farms or by partner farmers who grow using organic and chemical free methods. Produce from ECO City Farms is Certified Naturally Grown

Receive this weekly share of farm fresh produce by buying into a farm share at the beginning of the season, or by purchasing a month at a time.

FRESH, LOCALLY
GROWN VEGETABLES
ALL SUMMER LONG

SUSTAINABLY
GROWN AT
EDMONSTON,
BLADENSBURG AND
AREA FARMS

LARGE AND SMALL
SIZED SHARES

PAY WITH WIC AND
SNAP/EBT

PICK UP WEEKLY IN
RIVERDALE AND
BLADENSBURG

PRINCE GEORGE'S
COUNTY RESIDENTS
ONLY

ECO CITY FARMS

Office: 6010 Taylor Road
Riverdale, Md. 20737
www.ecocityfarms.org

TWO SHARE SIZES AVAILABLE:

Receive a weekly share of farm fresh produce from ECO City Farms by buying into the **Farm Share** at the beginning of the season, or for qualified residents, by purchasing a one month share at a time.

LARGE FARM SHARE – ECO FARM SHARE:

Cost: \$20/week with purchase of entire five month season, 18 weeks at \$360. (There will be four 'skip weeks' during this season)

Quantity: Receive eight items, bunches or single pounds per week *grown at ECO City Farms.*

Pick up weekly:

> **Thursdays: 3-7pm at Riverdale Park Farmers Market**, Riverdale Park Historic Town Center, 6220 Rhode Island Ave, Riverdale, MD 20737.

Who is eligible for the large farm share? The large share is available to all residents of Prince George's County, Md.

SMALL FARM SHARE – EAT LOCAL FARM SHARE:

Cost: \$10/week with minimum one month purchase.

> **Per month:** The cost is \$10 per week, buying a month at a time for \$40 (or \$50 for Aug & Oct). Payment is due by 20th of month prior.

> **Per season:** Pay \$9 per week for the entire five month season, 22 weeks at \$198 total.

Quantity: Receive four items bunches or single pounds per week *grown by ECO or our partner sustainable farmers.*

Pick up weekly:

> **Saturdays: 9am-12pm ECO City Farms at Bladensburg**, 6000 Emerson Street, Bladensburg, Md. 20710

> **Fridays: 3-5pm at ECO City Farms office**, 6010 Taylor Road, Riverdale, Md. 20737

Who is eligible for the small Eat Local Farm Share? Members must live in Prince George's County in a community inside the beltway. Priority is given to anyone who lives, works, plays or worships in the Maryland communities of Edmonston, Bladensburg, Colmar Manor, Cottage City, Riverdale or Hyattsville.

WHAT DO I GET EACH WEEK?

Here is a list of some of the many vegetables we are planning for this season:

🌿 Tomatoes	🌿 Beans
🌿 Carrots	🌿 Hot Peppers
🌿 Swiss Chard	🌿 Lettuce
🌿 Eggplant	🌿 Zucchini
🌿 Bok Choi	🌿 Kale
🌿 Radishes	🌿 Cilantro
🌿 Scallions	🌿 Basil

Produce is sustainably grown either by ECO City Farms or by area sustainable farmers. Produce from ECO City Farms is Certified Naturally Grown.

HOW DO I EAT ALL THESE VEGGIES EACH WEEK?

Every week, ECO will be providing recipes and tips on how to prepare and enjoy your produce. We also welcome your recipes to share with others in the farm share program.

The Eat Local Farm Share is funded by the Institute for Public Health Innovation with funds from the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention.



FARM SHARES INFO & POLICIES

HOW LONG IS THE SEASON? The summer season is from June 1 to October 31.

HOW TO PAY:

All members must pre-pay for the month or season, depending on the share size. Small share size buyers can provide a deposit if paying by SNAP or WIC and pay weekly, as described below.

> **SNAP or WIC:** For SNAP/EBT or WIC payments, you must pay a \$20 deposit in advance, in cash or check; and \$10 per week in SNAP, WIC vouchers, cash or check due at time of share pick up. WIC Fruit and Vegetable Checks (WIC FVC), Farmers Market Nutrition Program (FMNP) and Senior FMNP vouchers are also accepted. Your deposit will be refunded at the end of the month or time period that you have purchased.

> **Cash or check:** Checks should be made payable for *ECO City Farms*.

Large shares - payments can be in two installments, 1st by June 1 and 2nd by July 31.

Small shares - if buying the full season, 1st by June 1 and 2nd by July 31. If paying per month, on the 20th of the month before the month you are buying for.

> **Payments:** Members must pay in full or deposit according to the payment options for each share size, and committing to paying any balance in full by the due date. There are no refunds for shares.

ELIGIBILITY:

All members must be residents of Prince George's County. To qualify for the small - Eat Local Farm Share, members must live in a Prince George's County community inside the beltway, and priority is given to anyone who lives, works, plays or worships in the Maryland communities of Edmonston, Bladensburg, Colmar Manor, Cottage City, Riverdale or Hyattsville.

PICKING UP YOUR PRODUCE:

Pick up weekly at the following times and locations. All members must commit to picking up their shares on a weekly basis for the time period they have purchased. You must pick your share up every week. Shares can only be picked up at these times, but you may send a friend to pick yours up. If you do not pick up your share, you cannot double your share the next week. There are no make ups or refunds for shares not picked up.

> **Large Shares: Thursdays:** 3-7pm at Riverdale Park Farmers Market, Riverdale Park Historic Town Center, 6220 Rhode Island Ave, Riverdale, MD 20737

> **Small Shares: Saturdays:** 9am-12pm ECO City Farms at Bladensburg, 6000 Emerson Street, Bladensburg, Md. 20710; or **Fridays:** 3-5pm at ECO City Farms offices, 6010 Taylor Road, Riverdale, Md. 20737

> **ECO-Designated Skip Weeks:** For the Large sized share, there will be four 'skip' weeks during the 22 week season, where there will be no pickup, as determined by the farmer, due to weather or other circumstances. ECO will let members know by email ahead of time about these skips well ahead of normal pickup time.

WEATHER AND CROP FAILURE RISKS:

> **Inclement Weather:** Farm share pickups will be held rain or shine, however in the event of hazardous weather conditions, ECO will notify members of pickup cancellation via email notification. It will be designated a 'skip week' for large shares, and small shares members be issued a makeup option.

> **Crop Failure and Risk:** ECO's farmers and staff do their very best to provide consistent, high quality produce to every farm share member, every week. However, the farm share members share in the risks as well as the benefits of the growing season. Risks in farming include pests, drought, excessive rain, wind, and crop failure. In case of shortage in supply ECO may change the variety and quantity of produce, and/or will distribute available produce fairly among its members according to share size.

HOW DO I SIGN UP OR GET MORE INFORMATION?

To sign up, complete the attached Farm Share application and return with payment or deposit. For more information and questions, contact Amanda at ECO City Farms at 304/703-2380 or amanda@ecocityfarms.org.

ECO FARM SHARE SIGN UP FORM

To sign up, complete this membership form and return to ECO CITY FARMS

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

I am signing up for the following:

Large ECO Share Full Season: *residents of Prince George's County only. 18 weeks for \$360 (50% due June 1; 50% due July 31).* Pickup: I will be picking up on Thursdays from 4-7 at the Riverdale Farmers Market, 6220 Rhode Island Ave, Riverdale, MD 20737.

Small Share – Eat Local Farm Share: *Please refer to eligibility guidelines for this share*

<input type="checkbox"/> June 2014: 4 weeks/\$40 (due May 20 th)	<input type="checkbox"/> September 2014: 4 weeks/\$40 (due Aug 20)
<input type="checkbox"/> July 2014: 4 weeks/\$40 (due June 20 th)	<input type="checkbox"/> October 2014: 5 weeks/\$50 (due Sept 20 th)
<input type="checkbox"/> August 2014: 5 weeks/\$50 (due July 20 th)	<input type="checkbox"/> Entire Summer Season June 1-October 31 22 weeks for \$198 (50% due June 1; 50% due July 31)

Pickup: I will pick up on (select one)

- Saturdays:** 10am-12pm ECO City Farms at Bladensburg, 6000 Emerson Street, Bladensburg, Md. 20710
- Fridays:** 3-5pm at ECO City Farms offices, 6010 Taylor Road, Riverdale, Md. 20737

Payment Type:

- I am paying the amount due for the term checked above with check made to ECO City Farms, or cash.
- I am paying with SNAP/EBT or WIC and will pay \$20 as a deposit in advance, in cash or check; and \$10 per week in SNAP, WIC, FMNP vouchers, cash or check due at time of share pick up. I understand my deposit is refunded at the end of the term if I have paid for my share in full at that time. If I have not paid weekly, I understand that my deposit will go towards payment of the share.

Please answer a couple of questions about yourself:

1) I am: Male Female 2) My household size is: _____ people, including myself

By becoming a member of ECO's Farm Share program, I am committing to picking up my share on a weekly basis for the time period I have signed up for. If I cannot pickup my share I will try to have a friend pickup in my place. I understand that there are no make ups or refunds for shares not picked up. I have included my payment or deposit according to my payment option checked above, and committing to paying my balance in full by the due date. I have read and understood the policies outlined in the information provided.

Buyer's signature: _____ **Date:** _____



Please send this form to: ECO City Farms, 6010 Taylor Road, Riverdale, MD 20737

Questions? Contact Amanda West at ECO City Farms: amanda@ecocityfarms.org or 304/703-2380